

38 and 52 Week Placements

Prospects Arbennig - for young people with disabilities, complex health needs and autism

Overview:

It has been widely acknowledged that due to the severity of the disabilities, health needs and particularly the challenging behaviour of certain children and young people, they require a level of care and support that cannot be provided by either their own family or a foster placement.

We specialise in working with children and young people whose behaviour can often be very challenging and whose individual needs are all very different. Our aim is to deliver the highest level of care according to individual needs within a safe, positive and structured environment where every young person can achieve the best possible outcomes.

Our home has its own individual qualities that are unique to the young people we care for in order to offer the complete care package. Through providing flexible, individually tailored programmes we are able to offer a **continuity of care** from childhood through to adulthood.

Our aim is to achieve the best possible outcomes for the individual according to their needs and abilities; we aim to provide successful long-term placements for all of the children and young people in our care to help every individual achieve stability and maximise their individual potential. **Options include day, extended day, weekly, 38 week and 52 week residential, respite care and short-notice placements.**



Who do we cater for?

Children and young people referred to and accepted by Arbennig, will have been formally assessed through the Assessment Framework and referred by a Local Authority Social Worker. Generally, the children referred will have a range of physiological, psychological and/or development disabilities and impairments.

Children and young people, aged 8 to 18 years with:

- Autistic Spectrum Disorder (who have severe learning disabilities or behaviour which is challenging)
- Challenging behaviour associated with other impairments
- Complex health needs including those with Physical disability and/or associated impairments (such as cognitive or sensory impairments).



The services we offer:

■ Individually tailored programmes

Our approach is to provide individually tailored care packages designed to meet the needs of the young person. The multidisciplinary team includes experienced carers, learning support / key workers, and clinical psychologists and therapists, who work together to meet the individual needs of the young person.

■ Education

Children and young people have access to the National Curriculum, which is tailored according to ability. The development of communication, personal and social skills (through a life management programme) usually forms a part of the placement plan. Programmes of education are adapted and modified to each individual according to their needs and abilities. Young people can study for a range of academic and vocational qualifications either at a mainstream School, SEN education resource, college or vocational training resource.. (We are unable to offer full time education in our School, but can supplement any education a young person is already receiving).

■ Meeting health needs

For every young person being considered for placement at Arbennig a comprehensive health assessment is required, before admission. The findings of the assessment will then form the basis of the young person's health plan contained within the placement plan.

As well as ensuring that young people's health, emotional and psychological needs are being met, it is equally important that their physical well being is not only safeguarded and protected, but also actively promoted. Therefore, prior to any placement an assessment is also undertaken by an Occupational Therapist.

■ Independence and preparing for adulthood

Whilst resident at Arbennig, children and young people will be given opportunities to acquire and develop their skills in cooking, laundry, budgeting, accessing the local community and other skills and tasks, which will allow them to become more self sufficient and independent, in preparing for adulthood. The skills that young people acquire whilst in placement will also be accredited through an ASDAN programme, giving them not only the necessary skills to cope more independently but also a formal award at the end of the process.

■ Structured and positive environment

We offer the highest level of care in a safe, structured and positive environment. We aim to develop self-confidence, self-esteem and self-reliance to provide a transition towards independence.

■ Parental involvement

We offer a full parent support programme to give parents the opportunity to share their concerns, experiences and information.

Facilities:

Our specialist services are maintained to the highest standards and provide comfortably furnished accommodation in a friendly atmosphere. Our high staffing levels ensure that each young person achieves optimum quality of life. Our extensive facilities for young people with mobility difficulties include specially adapted bathrooms, large and varied day rooms and accessible gardens. We offer freshly prepared meals that accommodate all dietary requirements.



Measured Outcomes:

We endeavour to work in partnership with families and professionals to achieve positive outcomes in young people's lives. These are set out in the placement plan on joining Arbennig and reviewed on a regular basis. We use a variety of measurement tools to monitor and develop individual outcomes for all young people.

Location:

Arbennig is situated in the small village of Coedpoeth, five miles from Wrexham Town Centre, which provides many opportunities for children and young people, to access local amenities & services and integrate into the local community. From Arbennig, there is also easy access to the Snowdonia National Park and the coast of North Wales, in addition to a wealth of opportunity for different leisure activities and places to visit, within the area.



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